## ABSTRACT OF THE DISCLOSURE

[0089] A security system for monitoring a premises. Alarm information, including a near real-time feed of video and/or audio data, is collected at the premises and retrieved by a remotely located monitoring computer workstation over a data network. If desired, a remotely located emergency response computer workstation coupled to the data network may be authorized, by the monitoring computer workstation, to retrieve the collected alarm information over the data network. The emergency response computer workstation may also be granted control of the alarm information collecting devices located at the monitored premises.